

Crystal Fleur 2018 Information Workshop Timetable

	Room One	Room Two	Room Three
09:00 to 10:00	<p>“The Swingers” Learn the amazing art of Poi from Emily Rose master of technique. Poi will be provided but bring your own if you have one as there maybe time for a taste of Double Poi £15.00</p>	<p>“Feeling Alive with Saiidi & Raqs Assaya” You will not find anyone better than Sarah Malik to show you how to use assaya (cane/stick) in your performances. Learn all her tips and techniques for making this style look effortless and elegant. Please bring your own cane. £15.00</p>	<p>“Liquidity in Tribal Fusion” This workshop is aimed at creative more flow in your movements. Working on undulations and waves as well as effortless liquid transitions between movements. Delivered by the renowned Hilde Cannoodt £17.00</p>
10:15 to 11:15	<p>“Cabaret Pop” Choreography based Turkish dance, upbeat, stylish and definitely one you don’t want to miss. Delivered by the amazing and outstanding Ozgen. £17.00</p>	<p>“Pure Egyptian, Baladi or Cabaret” Helena Orientale will show you the subtle differences and how to get the best out of each style and along with some ausome technique this class is not to be missed! £17.00</p>	<p>“Understanding the Joy of Movement” Choreology or movement analysis started with Rudolf Laban and is revolutionary to dance. Hilde Cannoodt has created as series of exercises to apply this to belly dance providing understanding on a deeper level, which can help improve technique, choreography and improvisation. £15.00</p>
11:30 to 12:30	<p>“An Asian Mix” Taught by Snake Boy himself this workshop promises some amazing moves from Bollywood, Bhangra, and maybe some Twerking! £17.00</p>	<p>“Khaleegy – Where to Start” Often performed at weddings, khaleegy is joyful and expressive and involves the head by swinging the hair back & forth. With safety in mind this workshop will show you how and where to start so relax and have fun – you are in the very safe hands of the prodigious and incredible Nawarra. £17.00</p>	<p>“A Unique Blend of Contemporary & Middle Eastern” This is Hilde Cannoodt’s signature style in which she combines her style of fusion belly dance with contemporary dance and jazz. You will learn a series of techniques and see how the two styles work as a whole. £17.00</p>
12:45 to 13:45	<p>“Spectacular Fans” This beautiful prop works well with so many Middle Eastern dance styles and Susie’s elegance and poise will show you how to add fans to your dancing repertoire. Fans will be provided £15.00</p>	<p>“Pop, Lock & Flutter the Turkish Way” These tricky little moves will be made easy to perform with step by step breakdown and explanation from Eleanor Belly Dancer. Just what you need to add that extra Va Va Voom to your performances. £15.00</p>	<p>“Instant Shaabi” A fast and fun choreography from Candi Bell using upbeat music and lots of energy. Candi’s infectious style is definitely not to be missed. The most enjoyable way to spend a hour I can think of. £15.00</p>
14:00 to 15:00	<p>“Getting Down to Earth” You will need a little bit of energy to take this workshop but I can guarantee it will be worth the effort as Angelina shares her own unique blend of Africa. £15.00</p>	<p>“Tribal Origins & Evolution” Looking at some of the sources for Tribal moves and understanding how to develop your own style. Whether you are taking your Tribal to a whole new level or simply starting from the beginning, start with the unique Chris Ogden £15.00</p>	

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Tournament

Fun categories for you to perform in and spectator vote selects their favourites for a trophy, but all entrants will receive a medal. Devised to encourage you bringing a little more to the table, to promote self-confidence and enjoyment and you can get feedback from the judges if you want.

Solo, Duet & Groups (max 5).

- 1 Let Us Entertain You
2. Make Us Laugh
3. Being Inventive with Props
4. Dance to Live Music

Round One

Each category will perform for a maximum of 5 minutes. Spectators will cast their votes for the ones they want to see performing again in round two.

Round Two

Dancers will perform again their favourite section of their original choreography for a maximum of 2.5 minutes Spectators will cast their final votes to choose the winner

Dancing to Live Drummers

This section is open to all dance genre. You will all be on the dance floor at the same time and dancing to drumming in a range of rhythms to facilitate fairness to all dance styles. After you have improvised for about 4 minutes, the judges will begin a process of elimination to establish the winner and the runner up. The tournament section is separate to the championship section but both are organized in the same way. The judges decision is final

Dancers Forum

Open to all students old and new, and the everyday dancers among us. The more experienced dancer will have the chance to perform at the start of the party night

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Championship

Categories relating to dance style, set criteria to perform to and judges vote selects the candidates to receive a trophy, (but all entrants will receive a medal). Devised for teachers and professional performers to demonstrate to their students, in a performance setting, the skills and techniques you teach in class. You will also showcase you own performance. Share your expertise and help to inspire and promote the continuance of Middle Eastern dance in the UK.

1. Folklore
2. Tribal including Fusion & ATS
3. Egyptian
4. Open all genre e.g. Bollywood/Asian/Chinese/African/Spanish etc
5. Dance to Live Music

Round One

You will demonstrate your technique by following the moves below according to your own style. Each move must be clearly defined in their start and finish, kept in the given order and can last less than, but must not go longer than 30 seconds per section. Once a section of moves has been completed you must move onto the next. You cannot return or repeat a section. The judges will select the ones they think have demonstrated the best, "On The Day!" to go on to round two.

Dance Moves

- 1) Both Hip & Shoulder Shimmies with Layering and Travel (30secs)
- 2) Hand & Armography (30secs)
- 3) Spins & Turns (30secs)
- 4) Locks, Pops, Tacs & Flutters (30secs)
- 5) Both Hip & Chest Circles with Varying Speeds, Breaks & 8's (30secs)
- 6) Choose one move out of each section and whilst keeping the order, repeat one move after the other to demonstrate linking and connecting.

Maximum time 3 minutes

Round Two

In this round you will dance your own performance - No Props!

Maximum time is 5 minutes. The judges are looking for.....

- 1) How you engage the audience
- 2) Good use of the floor space
- 3) Performance ability
- 4) Originality
- 5) Musicality

The judges decision is final.

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The judges decision is final

Time	Activity
09:00 to 15:00	Workshops - see workshop tab
15:00 to 18:30	Tournament & Championship Event with Spectators & Judges Votes, followed by the Dancers Forum - see information tab
18:30 to 19:00	Announcements and Trophy Presentations.
19:00 to 24:00	Performances from your Teachers and the Judges, followed by open dancing for you all. This is your time to spread your wings and boogie the night away!

How to Book

From the website main menu, select "Booking", then select "Book". This will redirect you to the booking site. Once there select "Tickets", this will bring up a long list of all the options you will need. If you want the tournament or the championship tickets, select the option which includes '1 free category'. You then need to select the included category of your choice by choosing the option which is FOC. If you want to enter more than one categories just add the option which is chargeable. Remember if you are a member of either NADA or MADN by selecting the "Promotional Code" you will automatically receive 5% discount. Other bundle discounts are available so check your bookings to see if you qualify before you go to checkout. It's a good idea to make a note of what you want to enter before making your bookings - this makes finding the right tickets much easier. If you need any help drop me a line - littlejodancer@outlook.com or message me on face book.

Special Bundles

Bundle One	Spend £25.00 or more and get 50% Discount on the Party & Performances night ticket
Bundle Two	Spend £25.00 or more, and include Entry to the Tournament, get 75% Disc on the Party & Performances night ticket
Bundle Three	Spend £30.00 or more and get 50% Discount on the Party & Performances night ticket
Bundle Four	Spend £30.00 or more, and include Entry to the Tournament, get 75% Disc on the Party & Performances night ticket
Bundle Five	Free entry into the "Dancers Forum" with every spectator ticket purchased. Email littlejodancer@outlook.com to enter the forum. You can enter the Dancers Forum as a single event without the spectator ticket.